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# Physical Training For Tactical Populations Matt Wenning

2018 NSCA National Conference  
Indianapolis. The Four Foundations of  
Tactical Fitness Tactical Strength.  
Wenning Strength Media

2018 NSCA National Conference Indianapolis  
May 11th, 2018 - Join Professionals and  
students from all reaches of strength and  
conditioning at the 41st Annual 2018 NSCA  
National Conference to learn from leaders  
explore new professional possibilities  
network with colleagues and mentors and  
share your experiences with the next  
generation of professionals'

'The Four Foundations of Tactical Fitness  
Tactical Strength

February 21st, 2017 - Strength is only one  
of the four foundations of tactical  
fitness but it is the most vital aspect of  
fireground safety writes Ty Wheeler'

'Wenning Strength Media

May 8th, 2018 - Matt Wenning s Conjugate  
Training Secrets Volume 2 DVD and Digital  
Edition'

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