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## **Bodyump 89 Choreography Notes**

*What is BODYATTACK BODYATTACK 101 overview and first. Amazon com les mills pump*

**What is BODYATTACK BODYATTACK 101 overview and first**

**May 1st, 2018 - With a name like BODYATTACK it better be good Following up on the post in which I gave an overview of BODYPUMP for first timers today I?m continuing with an introduction to the next class I teach BODYATTACK'**

**'Amazon com les mills pump**

May 1st, 2018 - Product Features 1 x Les Mills Don Oliver BODYPUMP Bar Weights not included"

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